



USAJFKSWCS Family Programs Newsletter

January 2026

Mission & Vision

Mission: Family Programs promotes family stability and growth through outreach, information, referral, and follow-up services. Connecting the Families to the Military and Civilian community support services that will make a positive difference in their lives.

Vision: Our commitment is to provide a connection between the Special Warfare School Center (SWCS) Families, the Command, and the community resources which promotes self-reliance and resiliency. Through this connection we will increase a Family's ability to develop the life skills necessary to adapt to the unique challenges of Special Operations.

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Important Announcements

- **Fort Bragg Blood Donor Center:** Be someone's lifeline. Give blood. O type blood is most in demand, but all blood types are welcome.
Location: Bldg. 8-4156 Souter Place (across from the North Post Exchange).
- **Mask and Visitation Update:** All patients, visitors and staff 2 years or older are required to wear masks in all Womack Medical Centers' waiting rooms and patient care areas due to an increase in respiratory illness cases within our community.
- **The All-American Gate ACP will remain open this month.** Fort Bragg is collaborating with the NC DOT to address necessary improvements on the All-American Freeway; however, no official contract or timeline for the work is currently in place. Updates will be shared as they become available on Fort Bragg's official website, social media platforms, and the My Army Post App (MAPA).

SWCS Family Programs Upcoming Events

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| * 09 Jan – SWCS HHC Financial Class | Click here to register |
| * 15 Jan - SWCS All Story Time at Clay Hall | No registration required |
| * 17 Jan - JSOMTC Communication & Trust | Click here to register |

* Visit our Official Webpage at:
<https://www.swcs.mil/Resources/Family-Programs/>

Army MWR Cares

MWR is here for you through every season, helping you get the most out of life.

Whether you want to learn a new skill, blow off some steam, maintain physical fitness, or just get a better handle on life...MWR programs and services keep you grounded and connected.

Here's some of what MWR has for you this season:

School Support Services. Let your School Liaison Officer, a youth sponsor, and SSS assistance smooth the educational path.

ACS Programs. Build resilience and get help for handling deployments, marriage, parenting, finances, moving, and other challenges Army Families face.

Library Online Resources. Head to the library for a page-turner...or enjoy an eBook, magazine, movie, or other electronic material without even coming in.

Library Warrior Wellness “At EaZzz” Collection. Give your brain and body a boost by sinking into digital resources on sleep, mindfulness, and stress relief.

Intramural Sports. Compete against other athletes for installation-wide bragging rights in fall athletic offerings like flag football and volleyball.

Outdoor Recreation. Enjoy autumn leaves and crisp air while hiking, biking, horseback riding, camping, boating...or enjoying other Outdoor Rec options.

Auto Skills. Tune up your car for the winter, whether you're a pro or a novice.

Fitness centers. Visit the gym, go for a swim, take a class, or sign up for a race—all great ways to take a cue from the weather and make a change for the better.

Fall travel. Plan a fall getaway nearby or far away without paying a fortune...with American Forces Travel and Army Leisure Travel Offices

MWR Employment Opportunities. Let the change in seasons inspire a change in careers—join MWR for a fantastic job with great benefits and a mission that'll make you smile!

Fort Bragg MWR Upcoming Events

To view all upcoming events, please visit the MWR website calendar at:

<https://bragg.armymwr.com/calendar?date=1/1/2026>

Highlighted Events:

- **Budget Money Class (taxes)** - Jan. 14, at 1:30 p.m. at BOSS Main Office Want to finally understand taxes without stress? This session will break down what taxes are, why they matter and how they impact your budget. Learn practical tips to take control of your finances.
- **S.T.E.A.M at Throckmorton Library** - Jan 21 at 3:45p.m. Every 3rd Wednesday of the month. Is your child interested in Science, Technology, Engineering, Art, or Mathematics? Then this program is perfect for them! In S.T.E.A.M, we like to experiment with different things in the world around us from how clouds form to how you make something work. If anything said above caught your interest, come see for yourself how much fun we can have experiments and creating with the world around us!

Free program Open to all students grades K-5. For more information or questions, please call **(910) 396-2665**

Better Opportunities for Single Soldiers (BOSS)

The BOSS Program assists Single Soldiers in identifying and planning recreational and leisure activities that are offered in a safe and exciting environment. It provides an opportunity for single soldiers to participate and contribute to their respective communities and gives the individual a sense of responsibility and involvement.

BOSS Office: Bldg. H-4358 Sapper Street
Office: 910-396-7751
Cell: 910-309-2966

[Better Opportunities for Single Soldiers :: Ft. Bragg :: US Army MWR](#)

Resources

- SWCS Military & Family Life Consultants (MFLC) Team:
Licensed Clinical Social Worker: 910-729-9380
Licensed Clinical Mental Health Counselor: 910-723-3815
Licensed Clinical Mental Health Counselor (specializes in children therapy): 910-850-4416
- Defense Enrollment Eligibility Reporting System (DEERS):
Location: Basement of Soldier Support Center
Phone: 910-396-9339
- Humana / Tricare
Phone: 800-444-5445
Website: www.humanamilitary.com
- Womack Army Medical Center (WAMC):
Location: 2817 Rock Merritt Ave.
Main Number: 910-907-9262
Information: 910-907-6000
Emergency Dept.: 910-907-7000
- Exceptional Family Member Program (EFMP) Medical and Family Support
Location: 4th Floor Soldier Support Center
Phone: 910-643-9642
- American Red Cross:
Location: Bldg. 1-1139 corner of Macomb St. & Hamilton St.
Website: www.redcross.org
Phone: 910-396-1231
- Army Community Services:
Location: 3rd Floor, Soldier Support Center
Phone: 910-396-8682
Website: <https://bragg.armymwr.com/programs/acs>

Contact Us

U.S.A. John F. Kennedy Special Warfare Center and School (USAJFKSWCS) Family Programs Office

Location: Bldg. D-3404 Darby Loop, Fort Bragg, NC 28310
Phone: 910-396-4455

Official Website: <https://www.swcs.mil/Resources/Family-Programs/>

Facebook Page: <https://www.facebook.com/S.W.C.S.FamilyPrograms>

USAJFKSWCS Family Programs Online Newsletter:

<https://sway.cloud.microsoft/ZoZFzfF28wZmfvkO?ref=Link>

* This newsletter contains official/formal & unofficial/informal information. *

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