

# USAJFKSWCS Family Programs Newsletter



February 2025

# Mission & Vision

Mission: Family Programs promotes family stability and growth through outreach, information, referral, and follow-up services. Connecting the Families to the Military and Civilian community support services that will make a positive difference in their lives.

Vision: Our commitment is to provide a connection between the Special Warfare School Center (SWCS) Families, the Command, and the community resources which promotes self-reliance and resiliency. Through this connection we will increase a Family's ability to develop the life skills necessary to adapt to the unique challenges of Special Operations.

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#### Important Announcements

#### • Winter Weather Driving Tips:

The Fort Liberty Emergency Management Office recommends avoiding unnecessary driving during inclement weather. If you must drive, they recommend the following: Use the 3 P's:

- PREPARE for your vehicle for your trip.
- PROTECT yourself (and those with you) by wearing seatbelts and using caution.
- PREVENT a potential crash/accident on the road by staying alert.

Please use the following resources for more information:

- o <u>NC Emergency Management</u>
- o National Highway Traffic Safety Administration (NHTSA)
- o <u>National Safety Council</u>

#### • Installation Speeding Update:

15 MPH+ over posted limit will result in 30 days suspension of driving privileges on Fort Liberty. Automatic one-year suspensions of on-post driving privileges if you speed equal to or greater than 80 mph; reckless driving; aggressive driving or speeding to elude arrest.

#### • Red Cross Mobile Apps and Voice-Enable Skills/Actions:

Be Prepared for Emergencies. Accidents happen – but you can be ready to help yourself and your loved ones with FREE Red Cross Mobile Apps. <u>Mobile Apps</u> & Voice-Enabled Skills | Get American Red Cross Apps

# SWCS Family Programs Upcoming Events

* 12 Feb – 3BN 1SWTG CA Spouse 101	Click <u>here</u> to register
* 19 Feb – SWCS All – Perinatal Support Group	Click <u>here</u> to register
* 20 Feb – SWCS All – Story Time at Clay Hall	No Registration Required

\* To view all these events and more visit our Official Facebook Page at: <u>https://www.facebook.com/S.W.C.S.FamilyPrograms</u>

# Soldier & Family Readiness Group (SFRG) Upcoming Classes

- \* 04 Feb SFRG Coordinator Training
- \* 05 Feb SFRG Command Family Readiness Representative (CFRR) Training
- \* 11 Feb SFRG Informal Fund Custodian Training
- \* 18 Feb Care Team Training
- \* 25 Feb SFRG Key Contact Training
- \* 27 Feb Commanders SFRG & FAP Training

To view all class details and to register, click here.

# Fort Liberty Upcoming Events

To view all details, please visit the MWR website calendar at: <u>https://liberty.armymwr.com/calendar?date=8/1/2024</u>

#### **Highlighted: Youth Spring Sports**

Registration is currently opened and ends on March 1, 2025. Register at Tolson Youth Center, Chay Youth Center, Parent Central Services or online via <u>WebTrac</u>.

Sports physical & CYS registration required. Appointments are required if you do not have a CYS membership, call (910)396-8110 to schedule your appointment.

For more information: (910)432-9915.

# Better Opportunities for Single Soldiers (BOSS)

Supports the overall quality of life for the 29,000 plus single and unaccompanied Soldiers (including single parents) on the installation. The BOSS program supports the chain of command by identifying quality of life issues and concerns by providing recommendations for improvement.

It assists single Soldiers in identifying and planning recreational and leisure activities that are offered in a safe and exciting environment. It provides an opportunity for single soldiers to participate and contribute to their respective communities and gives the individual a sense of responsibility and involvement.

The BOSS program is vital to overall mission accomplishment and serves as a unified voice for single soldiers. Find out more about your unit and installation program so BOSS can become one of your many tools for success.

To find out more about the BOSS Program visit: <u>Better Opportunities for Single</u> <u>Soldiers :: Ft. Liberty :: US Army MWR</u>

To view the BOSS Calendar visit: <u>bossfortlibertymwr@gmail.com (google.com)</u>

#### Resources

- SWCS Military & Family Life Consultants (MFLC) Team: Mr. Ron Butler: 910-729-9380 Mr. Jason Martin: 910-723-3815 Ms. Lisa Davis: 910-850-4416
- Defense Enrollment Eligibility Reporting System (DEERS): Location: Basement of Soldier Support Center Phone: 910-396-9339
- Army Community Services: Location: 3rd Floor, Soldier Support Center Phone: 910-396-8682 Website: <u>www.liberty.armymwr.com</u>

- Humana / Tricare Phone: 800-444-5445 Website: <u>www.humanamilitary.com</u>
- American Red Cross: Location: Bldg. 1-1139 corner of Macomb St. & Hamilton St. Website: <u>www.redcross.org</u> Phone: 910-396-1231
- Womack Army Medical Center (WAMC): Location: 2817 Rock Merritt Ave. Main Number: 910-907-9262 Information: 910-907-6000 Emergency Dept.: 910-907-7000
- Exceptional Family Member Program (EFMP) Location: 3rd Floor Soldier Support Center Phone: 910-907-3395

### Contact Us

#### **USAJFKSWCS Family Programs Office**

Location: Bldg. D-3404 Darby Loop, Fort Liberty, NC 28310 Phone: 910-396-4455

Official Website: https://www.swcs.mil/Resources/Family-Programs/

Facebook Page: https://www.facebook.com/S.W.C.S.FamilyPrograms

SWCS Family Programs Online Newsletter: https://sway.cloud.microsoft/ZoZFzfF28wZmfvkO?ref=Link

\* This newsletter contains formal & informal information. \*

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