



USAJFKSWCS Family Programs Newsletter



April 2026

Mission & Vision

Mission: Family Programs promotes family stability and growth through outreach, information, referral, and follow-up services. Connecting the Families to the Military and Civilian community support services that will make a positive difference in their lives.

Vision: Our commitment is to provide a connection between the Special Warfare School Center (SWCS) Families, the Command, and the community resources which promotes self-reliance and resiliency. Through this connection we will increase a Family's ability to develop the life skills necessary to adapt to the unique challenges of Special Operations.

In this Issue:

- * Important Announcements
- * Month of the Military Child (MOMC)
- * SWCS Family Programs Upcoming Events
- * Soldier & Family Readiness Group (SFRG) Upcoming Classes
- * Exceptional Family Member Program (EFMP)
- * April is Child Abuse Prevention Month / Family Advocacy Program
- * Fort Bragg Upcoming Events
- * Better Opportunities for Single Soldiers (BOSS)
- * Resources
- * Contact Us

Important Announcements

- **Family Concert presented by Fayetteville Symphony Orchestra:** 18 April 2026 from 3-5pm. At the Iron Mike Conference Center. Long-time fans and symphony newcomers will all find something exciting in the program. The star of the show is Benjamin Britten's classic, *A Young Person's Guide to the Orchestra*, which takes listeners on a tour of all the instruments and showcases the distinctive sounds they make. You'll also hear the music of Aaron Copeland, music from *Wicked*, and classic patriotic music by John Phillips Sousa. Music fans of all ages are invited to experience the joy of the symphony!
- **Fort Bragg Maternity Fair at Womack Army Medical Center:**
April 18, 2026, 10-3 p.m. Expecting a baby? Meet WAMC team of experts, tour the Labor and Delivery Unit and learn about delivery options.
Classes Offered:
 - Car Seat Safety Check - Get your car seat inspected by the Fort Bragg Fire and Emergency Services.
 - Free Community Resources
 - New Parent Classes: Learn more about birth plans, infant massage, sleep medication safety and more from Army Community Service New Parent Support Program and our Pharmacist.



April is Month of the Military Child

“Celebrating Military Children and Youth: Building Stronger Character and Relationships.” Month of the Military Child is observed each April to honor and celebrate Military Children and Youth for their service, commitment, and sacrifice in support of the Army's mission. The observance reiterates the Army’s commitment to provide quality care and positive youth development for a bright future. Military children show bravery, fearlessness, and resiliency by adapting and meeting adversity head on in an ever-changing environment.

SWCS Family Programs Upcoming Events

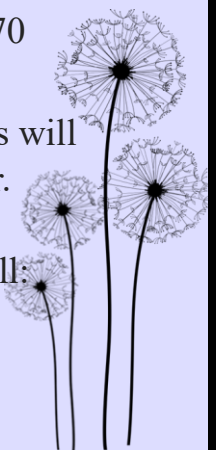
- * 06 Apr – SWCS All “Nature Skills for Families” Click [here](#) to register
- * 06 Apr – SWCS All “Teen Leadership Paintball” Click [here](#) to register
- * 16 Apr – SWCS All “Building Blocks of Resiliency” Click [here](#) to register
- * 17 Apr – JSOMTC “Setting Healthy Boundaries” Click [here](#) to register

* To view all these events and more visit our Official Web Page at:
<https://www.swcs.mil/Resources/Family-Programs/>

Soldier & Family Readiness Group (SFRG) Upcoming Classes

- * 09 Apr – SFRG Informal Fund Custodian Training
- * 16 Apr – Care Team Training
- * 23 Apr – SFRG Key Contact Training
- * 23 Apr – Commander SFRG & FAP Training – to register call: 910-643-7470

Virtual training will be offered through an online virtual platform. Participants will enter the virtual room by streaming through a smart phone, tablet or computer. Registration closes 24 hours prior to start time. Link will be provided via the instructor within 12 hours before class. For more information or to register call: 910-432-3742.



Exceptional Family Member Program (EFMP)

4th Floor of Soldier Support Center / 910-643-9642

EFMP takes an all-inclusive approach to coordinating military and civilian community, educational, medical, housing (some restrictions may apply. Check with your local EFMP office to verify housing eligibility), and personnel services to help Soldiers and their Families with special needs. Enrollment in EFMP includes a wide array of benefits, detailed in the [EFMP Benefits Fact Sheet](#).

Highlighted Events:

- **EFMP Play Mornings** – 10 April from 10-11am at Soldier Support Center. Join EFMP and explore the senses together with crafts and games! This interactive play group is for children ages 5 and under.
- **Story Time & Craft** – 17 April from 10-11am at Throckmorton Library. Visit the library with EFMP to share stories, make crafts and have fun!
- **Mane Squeeze: Family Fun Day with Horses** – 24 April from 10-12 at Prancing Horse Center. Enjoy a fun day at the barn with EFMP. Learn all about the horses in a hands-on, sensory experience.
- **Coffee and Conversations** – 28 April from 1030-1115am. Virtual session. Connect with EFMP in a relaxed, virtual space for supportive conversations.

Families enrolled with EFMP are invited to participate. For more information or to register for events call: 910-643-9642 or email: usarmy.bragg.usag.mbx.acs-efmp@army.mil



April is Child Abuse Prevention Month

A time dedicated to raising awareness, strengthening Families, and working together as a community to protect children from harm. By increasing awareness, supporting parents and caregivers, and recognizing the signs of abuse, we all play a role in prevention. Throughout this month, we encourage you all to participate in awareness activities and help spread the word that prevention is possible. Small actions like offering support, sharing resources, and speaking up can all make a meaningful difference in a child's life. Join us in making a brighter future for our children.

Family Advocacy Program

3rd Floor of Soldier Support Center / 910-396-5521

Blue Week: 06-10 April 2026 – *“It shouldn't hurt to be a Child”*

- * 06 Apr – “Sock it to Child Abuse” – wear crazy socks.
- * 07 Apr – “Team up Against Child Abuse” – wear your favorite sports team jersey.
- * 08 Apr – “We are Heroes Against Child Abuse” – wear a superhero shirt.
- * 09 Apr – “Stand Together Against Child Abuse” – twin day, dress like a friend.
- * 10 Apr – “Blue Day” – wear as much blue as possible.

Child Abuse Summit: Be Their Voice! Help them Soar! – 16 April from 8am – 4:45pm at Snyder Memorial Baptist Church. Fort Bragg and Cumberland County community partners collaborate to provide a regional conference highlighting Child Abuse Prevention. Topics include:

- Interdiction for the Protection of Children
- Essentials of Working with Human Trafficking Minors
- Trauma-focused Cognitive Behavioral Therapy
- Pace and Aces



Fort Bragg Upcoming Events

To view all details, please visit the MWR website calendar at:

<https://bragg.armymwr.com/calendar?date=4/1/2026>

Highlighted Events:

- **DoD Summer Reading Program**

Join the [DoD MWR Library Summer Reading Program](#) and earn rewards for reaching your reading goals. This annual program encourages kids, teens, and adults to explore the world through books while having fun with interactive events.

- Free to join
- Fun activities and reading challenges
- Prizes for reaching reading goals

Not near a post library? No problem! You can join the DoD-MWR Virtual Summer Reading Program from anywhere.

Find out more: <https://army.dodmwrlibraries.org/srp>

- **S.T.E.A.M at Throckmorton Library** – 15 April 2026 from 3:45pm – 4:45pm. Every 3rd Wednesday of the month. Is your child interested in Science, Technology, Engineering, Art, or Mathematics? Then this program is perfect for them! In S.T.E.A.M, we like to experiment with different things in the world around us from how clouds form to how you make something work. If anything said above caught your interest, come see for yourself how much fun we can have experiment and creating with the world around us!

Free program Open to all students' grades K-5.

For more information or questions, please call (910)396-2665



Better Opportunities for Single Soldiers (BOSS)

The BOSS Program assists Single Soldiers in identifying and planning recreational and leisure activities that are offered in a safe and exciting environment. It provides an opportunity for single soldiers to participate and contribute to their respective communities and gives the individual a sense of responsibility and involvement.

BOSS Office: Bldg. H-4358 Sapper Street

Office: 910-396-7751

Cell: 910-309-2966

[Better Opportunities for Single Soldiers :: Ft. Bragg :: US Army MWR](#)

Highlighted Event:

- 29 Apr 2026 - BOSS / SHARP Ruck March: *Weight of the Silence Ends Here*. Join the BOSS SHARP Ruck March where the weight of the silence ends here. This event promotes available resources during Sexual Assault Awareness and Prevention Month (SAAPM).

This event, hosted by [BOSS](#), is designed to symbolize the mental and emotional weight that sexual assault and harassment can have on service members. The ruck march signifies that no matter how heavy the burden is, there are always resources and support systems available to assist. In recognition that every individual's experience is unique, there will be no ruck weight requirement for participants. This reinforces the idea that every situation is different, and the journey to healing is personal.

By coming together for this ruck march, we can enhance the quality of life for our Soldiers and foster a community of support and understanding. We encourage all to participate and stand in solidarity with survivors of sexual assault and harassment. Your presence will help to shine a light on the importance of SAAPM and the resources available to our entire military community.

Open to DoW ID Cardholders.

For more information, please call (910) 396-7751 or (910) 908-0693.

Resources

- SWCS Military & Family Life Consultants (MFLC) Team:
Licensed Clinical Social Worker: 910-729-9380
Licensed Clinical Mental Health Counselor: 910-723-3815
Licensed Clinical Mental Health Counselor (specializes in children therapy):
910-850-4416
- Defense Enrollment Eligibility Reporting System (DEERS):
Location: Basement of Soldier Support Center
Phone: 910-396-9339
- Humana / Tricare
Phone: 800-444-5445
Website: www.humanamilitary.com
- Womack Army Medical Center (WAMC):
Location: 2817 Rock Merritt Ave.
Main Number: 910-907-9262
Information: 910-907-6000
Emergency Dept.: 910-907-7000
- American Red Cross:
Location: Bldg. 1-1139 corner of Macomb St. & Hamilton St.
Website: www.redcross.org
Phone: 910-396-1231
- Army Community Services:
Location: 3rd Floor, Soldier Support Center
Phone: 910-396-8682
Website: <https://bragg.armymwr.com/programs/acs>



Contact Us

U.S.A. John F. Kennedy Special Warfare Center and School (USAJFKSWCS) Family Programs Office

Location: Bldg. D-3404 Darby Loop, Fort Bragg, NC 28310

Phone: 910-396-4455

Official Website: <https://www.swcs.mil/Resources/Family-Programs/>

Facebook Page: <https://www.facebook.com/S.W.C.S.FamilyPrograms>

USAJFKSWCS Family Programs Online Newsletter:

<https://sway.cloud.microsoft/ZoZFzff28wZmfvkO?ref=Link>

* This newsletter contains official/formal & unofficial/informal information. *

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