

# USAJFKSWCS Family Programs Newsletter



April 2025

## Mission & Vision

Mission: Family Programs promotes family stability and growth through outreach, information, referral, and follow-up services. Connecting the Families to the Military and Civilian community support services that will make a positive difference in their lives.

Vision: Our commitment is to provide a connection between the Special Warfare School Center (SWCS) Families, the Command, and the community resources which promotes self-reliance and resiliency. Through this connection we will increase a Family's ability to develop the life skills necessary to adapt to the unique challenges of Special Operations.

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# **Important Announcements**

- Exceptional Family Member Program (EFMP)
- Beginning 01 April <u>Womack Army Medical Center's Exceptional Family</u>
  <u>Member Program-Medical</u> will relocate from Joel Health and Dental Clinic to the Soldier Support Center. They are moving to the 4<sup>th</sup> floor in wing B.

Early Development Intervention Services (EDIS) and Exceptional Family Member Program (EFMP) will stay located at Joel Health and Dental Clinic.

#### • Fort Bragg Maternity Fair: Womack Army Medical Center

26 Apr from 10:30 am - 3:00 pm

Parenting & Infant Medication Safety Classes at HESD

Free Community Resources

Prenatal Care Information Expert Consultations

Prenatal YOGA

For more information call 910-907-7247

#### • Month of the Military Child Operation Megaphone Lock-In:

April 25 & 26. Tolson Youth Center is pulling an all nightery. Join the youth from Army CYS Youth Programs worldwide who will meet for one 24-hour period to discuss key issues that affect Military Youth across the services. Open to all  $6^{th} - 12^{th}$  graders registered with CYS. Register at Tolson Youth Center by 08 Apr.

For more information call 910-908-5012 or visit their website at: https://bragg.armymwr.com/programs/youth-centers

# **SWCS** Family Programs Upcoming Events

* 04 Apr – SWCS All Building Community in ARSOF	Click <u>here</u> to register
* 09 Apr – JSOMTC Spouse Medic Day	Registration Closed
* 12 Apr – 6BN Building Adaptability	Click <u>here</u> to register
* 16 Apr – SWCS All Perinatal Support Group	Click <u>here</u> to register
* 17 Apr – SWCS All Building Blocks of Resiliency	Click <u>here</u> to register
* 21 Apr – SWCS Strong Kids PT Event	Click <u>here</u> to register
* 24 Apr – JSOMTC Self Defense Class	Click <u>here</u> to register

<sup>\*</sup> To view all these events and more visit our Official Web Page at: <a href="https://www.swcs.mil/Resources/Family-Programs/">https://www.swcs.mil/Resources/Family-Programs/</a>

# Soldier & Family Readiness Group (SFRG) Upcoming Classes

- \* 01 Apr SFRG Coordinator Training
- \* 08 Apr SFRG Informal Fund Custodian Training
- \* 15 Apr Care Team Training
- \* 22 Apr SFRG Key Contact Training
- \* 30 Apr FAP Command / Senior NCO Training

To view all class details and to register, click here.

# April is Month of the Military Child (MOMC)

"Celebrating Military Children and Youth: Building Stronger Character and Relationships." Month of the Military Child is observed each April to honor and celebrate Military Children and Youth for their service, commitment, and sacrifice in support of the Army's mission. The observance reiterates the Army's commitment to provide quality care and positive youth development for a bright future. Military children show bravery, fearlessness, and resiliency by adapting and meeting adversity head on in an ever-changing environment.

# Fort Bragg Upcoming Events

To view all details, please visit the MWR website calendar at: <a href="https://bragg.armymwr.com/calendar?date=4/1/2025">https://bragg.armymwr.com/calendar?date=4/1/2025</a>

#### Highlighted: Story Time Program at Throckmorton Library

Storytimes help foster a child's development through books, songs, and movement activities. In storytime, children will have many opportunities to practice and master skills that are key to growing a lifelong learner. Parent/Caregivers will learn tips and tricks to practice at home to continue the learning process.

Preschool Storytime:

Tuesdays at 10am and 10:45

Ages: 3 - 5 years old

**Imagination Storytime:** 

Second Thursday of every month at 10am

Ages: 8 weeks – 11 months

**Toddler Storytime:** 

Wednesdays at 10am and 10:45

Ages: 12 - 36 months

**Baby Lapsit Stortime:** 

Thursdays at 10am

Ages: 8 weeks - 11 months

For Virtual Storytime: <a href="https://bragg.armymwr.com/happenings/virtual-story-time">https://bragg.armymwr.com/happenings/virtual-story-time</a>

For more information: (910) 396-2665.

# Better Opportunities for Single Soldiers (BOSS)

Supports the overall quality of life for the 29,000 plus single and unaccompanied Soldiers (including single parents) on the installation. The BOSS program supports the chain of command by identifying quality of life issues and concerns by providing recommendations for improvement.

It assists single Soldiers in identifying and planning recreational and leisure activities that are offered in a safe and exciting environment. It provides an opportunity for single soldiers to participate and contribute to their respective communities and gives the individual a sense of responsibility and involvement.

The BOSS program is vital to overall mission accomplishment and serves as a unified voice for single soldiers. Find out more about your unit and installation program so BOSS can become one of your many tools for success.

To find out more about the BOSS Program visit: <u>Better Opportunities for Single Soldiers</u> :: Ft. Bragg :: US Army MWR

# Resources

• SWCS Military & Family Life Consultants (MFLC) Team:

Mr. Ron Butler: 910-729-9380 Mr. Jason Martin: 910-723-3815 Ms. Lisa Davis: 910-850-4416

• Defense Enrollment Eligibility Reporting System (DEERS):

Location: Basement of Soldier Support Center

Phone: 910-396-9339

• Army Community Services:

Location: 3rd Floor, Soldier Support Center

Phone: 910-396-8682

Website: www.liberty.armymwr.com

Humana / TricarePhone: 800-444-5445

Website: www.humanamilitary.com

American Red Cross:

Location: Bldg. 1-1139 corner of Macomb St. & Hamilton St.

Website: www.redcross.org

Phone: 910-396-1231

• Womack Army Medical Center (WAMC):

Location: 2817 Rock Merritt Ave. Main Number: 910-907-9262 Information: 910-907-6000

Emergency Dept.: 910-907-7000

• Exceptional Family Member Program (EFMP) Location: 4th Floor Soldier Support Center

Phone: 910-907-3395

# Contact Us

#### **USAJFKSWCS Family Programs Office**

Location: Bldg. D-3404 Darby Loop, Fort Bragg, NC 28310

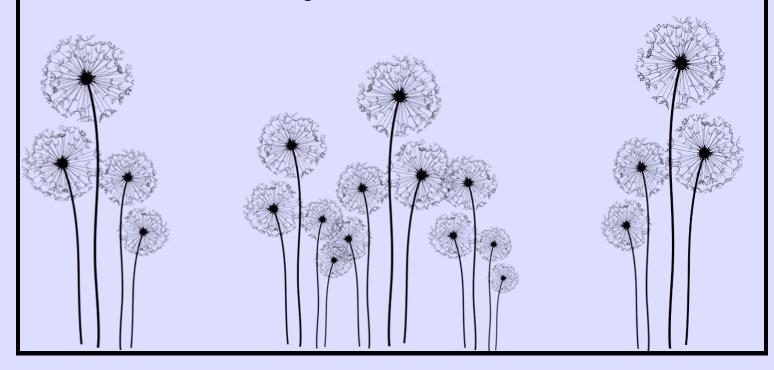
Phone: 910-396-4455

Official Website: <a href="https://www.swcs.mil/Resources/Family-Programs/">https://www.swcs.mil/Resources/Family-Programs/</a>

Facebook Page: <a href="https://www.facebook.com/S.W.C.S.FamilyPrograms">https://www.facebook.com/S.W.C.S.FamilyPrograms</a>

SWCS Family Programs Online Newsletter: https://sway.cloud.microsoft/ZoZFzfF28wZmfvkO?ref=Link

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<sup>\*</sup> This newsletter contains formal & informal information. \*