



USAJFKSWCS

Family Programs Newsletter



January 2024

Mission & Vision

Mission: Family Programs promotes family stability and growth through outreach, information, referral, and follow-up services. Connecting the Families to the Military and Civilian community support services that will make a positive difference in their lives.

Vision: Our commitment is to provide a connection between the Special Warfare School Center (SWCS) Families, the Command, and the community resources which promotes self-reliance and resiliency. Through this connection we will increase a Family's ability to develop the life skills necessary to adapt to the unique challenges of Special Operations.

In this Issue:

- * Important Announcements
- * SWCS Family Programs Upcoming Events
- * Fort Liberty Upcoming Events
- * Better Opportunities for Single Soldiers (BOSS)
- * Resources
- * Contact Us

Important Announcements

- **Winter Weather Preparation:**

Winter storms create a higher risk of car accidents, hypothermia, frostbite, carbon monoxide poisoning, and heart attacks from overexertion. Here are some ways to prepare:

- Prepare your home to keep out the cold with insulation, caulking, and weather stripping.
- Pay attention to weather reports and warnings of freezing weather and winter storms.
- Gather supplies in case you need to stay home for several days without power.
- Create an emergency supply kit for your car.
- Learn to identify the signs of and basic treatments for frostbite and hypothermia.

For more information visit the Ready Liberty page on their [website](#).

- **Installation Speeding Update:**

15 MPH+ over posted limit will result in 30 days suspension of driving privileges on Fort Liberty. Automatic one-year suspensions of on-post driving privileges if you speed equal to or greater than 80 mph; reckless driving; aggressive driving or speeding to elude arrest.

- **Red Cross Mobile Apps and Voice-Enable Skills/Actions:**

Be Prepared for Emergencies. Accidents happen – but you can be ready to help yourself and your loved ones with FREE Red Cross Mobile Apps. [Mobile Apps & Voice-Enabled Skills | Get American Red Cross Apps](#)

SWCS Family Programs Upcoming Events

- * 15 Jan – JSOMTC “CPR-Frist-Aid Stop the Bleed” Click [here](#) to register
- * 16 Jan – SWCS All Teen Substance Abuse Workshop Click [here](#) to register
- * 16 Jan - SWCS All Story Time at 1030 a.m. Clay Hall
- * 22 Jan – SWCS All Perinatal Workshop Click [here](#) to register
- * 22 Jan – LREC Spouses in the School House Click [here](#) to register

* To view all these events and more visit our Official Facebook Page at:
<https://www.facebook.com/S.W.C.S.FamilyPrograms>

Fort Liberty Upcoming Events

To view al details, please visit the MWR website calendar at:
<https://liberty.armymwr.com/calendar?date=8/1/2024>

Highlighted:

The [2024 Family and MWR Customer Needs Survey](#) is your opportunity to have a direct impact on the future of Army Family and MWR programs and services. The survey will gather insights from Soldiers and Families across the Army to ensure MWR offerings match your needs and interests.

What's working great? What could we do better? There's no better way for us to learn than by hearing from YOU! Your participation is voluntary. All information you provide will be maintained on a confidential basis by Verint and will only be used and reported in an aggregate form, so please be candid in your responses. We will not identify you or attribute specific responses to you or any other participant. All responses will be kept confidential, and your privacy will be protected.

This survey will only take about 10 minutes to complete.

Better Opportunities for Single Soldiers (BOSS)

Supports the overall quality of life for the 29,000 plus single and unaccompanied Soldiers (including single parents) on the installation. The BOSS program supports the chain of command by identifying quality of life issues and concerns by providing recommendations for improvement.

It assists single Soldiers in identifying and planning recreational and leisure activities that are offered in a safe and exciting environment. It provides an opportunity for single soldiers to participate and contribute to their respective communities and gives the individual a sense of responsibility and involvement.

The BOSS program is vital to overall mission accomplishment and serves as a unified voice for single soldiers. Find out more about your unit and installation program so BOSS can become one of your many tools for success.

To find out more about the BOSS Program visit: [Better Opportunities for Single Soldiers :: Ft. Liberty :: US Army MWR](#)

To view the BOSS Calendar visit: bossfortlibertymwr@gmail.com ([google.com](https://www.google.com))

Resources

- SWCS Military & Family Life Consultants (MFLC) Team:
Mr. Ron Butler: 910-729-9380
Mr. Jason Martin: 910-723-3815
Ms. Lisa Davis: 910-850-4416
- Defense Enrollment Eligibility Reporting System (DEERS):
Location: Basement of Soldier Support Center
Phone: 910-396-9339
- Army Community Services:
Location: 3rd Floor, Soldier Support Center
Phone: 910-396-8682
Website: www.liberty.armymwr.com
- Humana / Tricare

Phone: 800-444-5445

Website: www.humanamilitary.com

- American Red Cross:

Location: Bldg. 1-1139 corner of Macomb St. & Hamilton St.

Website: www.redcross.org

Phone: 910-396-1231

- Womack Army Medical Center (WAMC):

Location: 2817 Rock Merritt Ave.

Main Number: 910-907-9262

Information: 910-907-6000

Emergency Dept.: 910-907-7000

- Exceptional Family Member Program (EFMP)

Location: 3rd Floor Soldier Support Center

Phone: 910-907-3395

Contact Us

USAJFKSWCS Family Programs Office

Location: Bldg. D-3404 Darby Loop, Fort Liberty, NC 28310

Phone: 910-396-4455

Official Website: <https://www.swcs.mil/Resources/Family-Programs/>

Facebook Page: <https://www.facebook.com/S.W.C.S.FamilyPrograms>

SWCS Family Programs Online Newsletter:

<https://sway.cloud.microsoft/ZoZFzfF28wZmfvkO?ref=Link>

* This newsletter contains formal & informal information. *

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